

Charlie A. Gray Junior High School

2023-2024 School Year

Teacher: Colby Simpson, Department: Health

1. **Unit 1: Health and Wellness (8-10 days)**

- A. **Student Goal: Standard 3: Students will demonstrate the ability to access valid information, products and services to enhance health.**
- B. **Student Goal: Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.**
- C. **Student Goal: Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health.**

Assessments/Quizzes:

| <u>Daily Work/Quizzes</u> | <u>Labs/Project</u> | <u>Tests</u> |
|-----------------------------------------------------------------------------------------|------------------------------------|-----------------|
| 1. Bellringers 2. TODD 3. Guided Notes 4. Lesson reviews 5. Vocabulary Quiz | 1. Healthy Community Collage | 1. Chapter Test |

2. **Unit 2: Choosing the Best (13 Days) Phoebe & Morehouse curriculum.**

- A. **Student Goal: Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.**
- B. **Student Goal: Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.**
- C. **Student Goal: Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.**

Assessments/Quizzes:

| <u>Daily Work/Quizzes</u> | <u>Labs/Projects</u> | <u>Tests</u> |
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3. Unit 3: Alcohol (8-10 Days)

- A. Student Goal: Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.**
- B. Student Goal: Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.**
- C. Student Goal: Standard 3: Students will demonstrate the ability to access valid information, products and services to enhance health.**

Assessments/Quizzes:

| <u>Daily Work/Quizzes</u> | <u>Labs/Projects</u> | <u>Tests</u> |
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| <ul style="list-style-type: none">1. Bellringers2. TOTD3. Guided Notes4. Lesson reviews5. Vocabulary Quiz | <ul style="list-style-type: none">1. Anti-Alcohol Poster: Effects on P, M/E, & S Health | <ul style="list-style-type: none">1. Chapter Test |

4. Unit 4: Tobacco (8-10 Days)

- A. Student Goal: Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.**
- B. Student Goal: Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.**
- C. Student Goal: Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.**

Assessments/Quizzes:

| <u>Daily Work/Quizzes</u> | <u>Labs/Projects</u> | <u>Tests</u> |
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| <ul style="list-style-type: none">1. Bellringers2. TOTD3. Guided Notes | <ul style="list-style-type: none">1. STRAW Lab2. Anti-Alcohol Poster: | <ul style="list-style-type: none">1. Chapter Test |

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| 4. Lesson reviews 5. Vocabulary Quiz | Effects on P, M/E, & S Health | |
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5. Unit 5: “2 Good 4 Drugs” Drugs (10 Days) Phoebe & Morehouse curriculum.

- A. Student Goal: Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.
- B. Student Goal: Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.
- C. Student Goal: Standard 3: Students will demonstrate the ability to access valid information, products and services to enhance health.

Assessments/Quizzes:

| <u>Daily Work/Quizzes</u> | <u>Labs</u> | <u>Tests/Projects</u> |
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6. Unit 6: ADAP (6-8 Days) EADAP - DMV online student course.

- A. Student Goal: Standard 3: Students will demonstrate the ability to access valid information, products and services to enhance health.

Assessments/Quizzes:

| <u>Daily Work/Quizzes</u> | <u>Labs</u> | <u>Tests/Projects</u> |
|----------------------------|-------------|--------------------------------------|
| 1. Bell ringers 2. TOTD | -- | 1. EADAP Final Test/Certification |

7. Unit 7: Nutrition (6-8 of Days)

- A. Student Goal: Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.
- B. Standard 7: Students will demonstrate the ability to practice health-enhancing

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behaviors and avoid or reduce health risks.

C. Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health.

Assessments/Quizzes:

| <u>Daily Work/Quizzes</u> | <u>Labs/Projects</u> | <u>Tests</u> |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|
| <ol style="list-style-type: none">1. Bellringers2. TOTD3. Guided Notes4. Lesson reviews5. Vocabulary Quiz | <ol style="list-style-type: none">1. My Healthy Plate. (daily and a weekly) meal plan. | <ol style="list-style-type: none">1. Chapter Test |

8. Unit 8: First Aid & Emergencies, Sport Prevention and Wellness (5 Days) Phoebe & Morehouse curriculum.

A. Student Goal: Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.

B. Student Goal: Standard 3: Students will demonstrate the ability to access valid information, products and services to enhance health.

C. Student Goal: Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

Assessments/Quizzes: Assessments/Quizzes:

| <u>Daily Work/Quizzes</u> | <u>Lab/Projects</u> | <u>Tests</u> |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|
| <ol style="list-style-type: none">1. Bellringers2. TOTD3. Guided Notes4. Lesson reviews5. Vocabulary Quiz | <ol style="list-style-type: none">1. Doctor Me! Life size cut out w/t injuries that must be fixed. | <ol style="list-style-type: none">2. Chapter Test |

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